

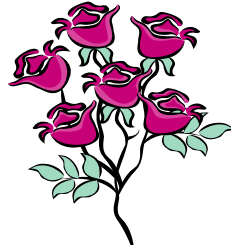
*Ocean Park Plants*

The following list of plants was compiled by Theodore Wells of the faculty of Milton (Mass.) Academy, a member of the New England Botanical Club, and an authority on our local botany. It is selected from the 13th (1988) of the booklet, "The Plants of Ocean Park," prepared by Mr. Wells, assisted by Dorothy E. Wells, and updated by Bethany Nichols and John Bird in 2014.

**BEACH**

*Early Summer*  
False Heather  
Dusty Miller  
Rosa Rugosa  
Sand Sedge

*Late Summer*  
Beach Grass  
Coast Jointweed  
Low Umbrella Sedge  
Sea Rocket



**SALT MARSH**

*Early Summer*  
Great Bulrush  
Cat-tail  
Squirrel-tail Grass  
Sea Milkwort

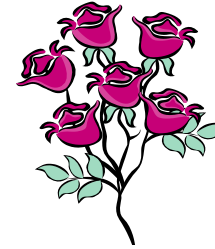
*Late Summer*  
New York Aster  
Seaside Gerardia  
American Germander  
Seaside Goldenrod  
Seaside Lavender  
Seaside Silverweed

*Ocean Park Plants*

**FOREST ~ Early Summer**

Wood Anemone  
Old Man's Beard  
Partridge Berry  
Blackberry  
Bunchberry  
Indian Cucumber Root  
Ferns: Lady, Long Beach, Mass., N.Y. and Spinulose Wood  
Jack-in-the-Pulpit  
Marigold  
Moss : Fern, Painted Plume, Reindeer  
Wild Sarsaparilla  
Painted Trillium  
Dogtooth Violet  
Withered

Black Ash  
Bellwort  
White Birch  
Blueberry  
Checkerberry  
Goldthread  
Hobblebush  
Mountain Holly  
Wood Lily  
Mayflower  
Indian Pipe  
Fringed Polygala  
Pink Lady's Slipper  
Twinflower  
White Violet  
American Yew



*Late Summer*

Gall-of-the-Earth  
Witch Hazel

Turtlehead

*Ocean Park Plants*

**ROADSIDE ~ Early Summer**

Arrowhead  
Bouncing Bet  
Bluets  
Rabbit-foot Clover  
Cranberry  
King Devil  
Ferns : Cinnamon, Ostrich, Royal and Sensitive  
Forget-me-not  
Wild Morning Glory  
Queen Anne's Lace  
Purple Loosestrife  
Meadowsweet  
Mint  
Wild Radish  
Wild Strawberry  
Ladie's Tobacco

Bayberry  
Bluecurls  
Chicory  
White Sweet Clover  
Daisy  
Fireweed  
Fireweed  
Blue Flag  
Blue-eyed Grass  
Water Horehound  
Tall Blue Lettuce  
Evening Lynchnis  
Swamp Milkweed  
Northern Evening Primrose  
Rhodora  
Black-eyed Susan

*Late Summer*

Jerusalem Artichoke  
Downy Goldenrod

Butter-and-Eggs  
Early Goldenrod

Fall Dandelion  
Joe Pye Weed

Pinkweed  
Silverod

*Ocean Park Birds*

The following list was compiled by Genivieve (Mrs. Phillip) Webb. She was an authority on local ornithology, had been a member of the Maine Audubon Society and was a director of the Maine Chapter of the Nature Conservancy.



**OCEAN ~ OFF SHORE**

Double-crested Cormorant  
Surf Scoter  
White-winged Scoter

Common Scoter  
Common Loon  
Red-breasted Merganser

**ALONG BEACH AND BROOK**

Dowitcher  
Great Black-backed Gull  
Laughing Gull  
Killdeer  
Piping Plover  
Least Sandpiper  
Spotted Sandpiper  
Common Tern  
Ruddy Turnstone  
Greater and Lesser Yellowlegs

Bonaparte's Gull  
Herring Gull  
Ring-billed Gull  
Black bellied Plover  
Semipalmated Plover  
Semipalmated Sandpiper  
Arctic Tern  
Roseate Tern  
Whimbrel  
Willet

*Ocean Park Birds*

**MARSH**

American Bittern  
Mallard Duck  
Common Grackle  
Eastern Meadowlark  
Great Blue Heron  
Green Heron  
Savannah Sparrow

Red-winged Blackbird  
Common Egret  
Marsh Hawk  
Black-crowned Night Heron  
Yellow-crowned Night Heron  
Belted Kingfisher  
Sharp-tailed Sparrow

Black Duck  
Snowy Egret  
Pigeon Hawk  
Common Merganser  
Blue-winged Teal

**WOODS**

Brown Creeper  
Olive-sided Flycatcher  
Red-breasted Nuthatch  
Wood Pewee  
White-throated Sparrow  
Rufous-sided Towhee  
Northern Water-Thrush  
Red-eyed Vireo  
Blackburnian Warbler  
Black-throated Green Warbler  
Chestnut-sided Warbler  
Pileated Woodpecker

Clack-capped Chickadee  
Rufous Grouse  
White-breasted Nuthatch  
American Redstart  
Scarlet Tanager  
Hermit Thrush  
Wood Thrush  
Solitary Vireo  
Black & White Warbler  
Parvia Warbler

Brown Creeper  
Blue Jay  
Oven-bird  
Swamp Sparrow  
Yellow-Throat  
Swainson's Thrush  
Veery  
Canada Warbler  
Myrtle Warbler  
Magnolia Warbler  
Pine Warbler



*Ocean Park Birds*

**LAWNS, SHRUBBERY, ANYWHERE**

Brown-headed Cowbird  
Yellow-billed Cuckoo  
Gold Finch  
Yellow-shafted Flicker  
Least Flycatcher  
Cooper's Hawk  
Sparrow Hawk  
Eastern Kingbird  
Eastern Phoebe  
Yellow-bellied Sapsucker  
Field Sparrow  
Vesper Sparrow  
Cliff Swallow  
Chimney Swift  
Yellow Warbler  
Whip-poor-will  
Hairy Woodpecker

Black-billed Cuckoo  
Mourning Dove  
Purple Finch  
Great Crested Flycatcher  
Broad-winged Hawk  
Sharp-shinned Hawk  
Ruby-throated Hummingbird  
Baltimore Oriole  
Robin  
Chipping Sparrow  
Song Sparrow  
Barn Swallow  
Tree Swallow  
Brown Thrasher  
Cedar Waxwing  
Downy Woodpecker  
House Wren

Since this list was compiled, cardinals, titmice, mockingbirds, glossy ibises, blue-winged warblers and Carolina wrens have become Maine residents.

## Ocean Park Trails

There are several Ocean Park trails. Three are open to the public year round, and they are described below. Other trails are on Oceanwood and New England Baptist Council property and are reserved for horses.

### Red Dot Trail

The Red Dot Trail is the oldest trail. It circles through the Ocean Park Association's famous Guild Park Cathedral Pines. The first half of the trail is generously wide and allows for easy walking.

From Temple Avenue go northeast on Free Street. At the junction of Free and Winona Avenue, look for the Guild Park sign. Follow the red blazes as the trail circles through pines and hemlocks until it reaches Hemlock Brook where it turns right and follows the brook back to Free Street.

The Red Dot Trail is accessible from the Covered Bridge and also from the small parking area on Temple Avenue where there is an information kiosk across from Manor Street.

### Blue Dot Trail

The Blue Dot Trail begins on Free Street, just down from Winona Ave. At the entrance is a short boardwalk. Follow the blue blazes. The trail follows Hemlock Brook on the north side and eventually comes out to the Red Dot Trail on the west side of the brook.

Crossing the brook is a boardwalk bridge which takes you back to the pine grove and the Red Dot Trail.

### The Ted Wells Memorial Trail

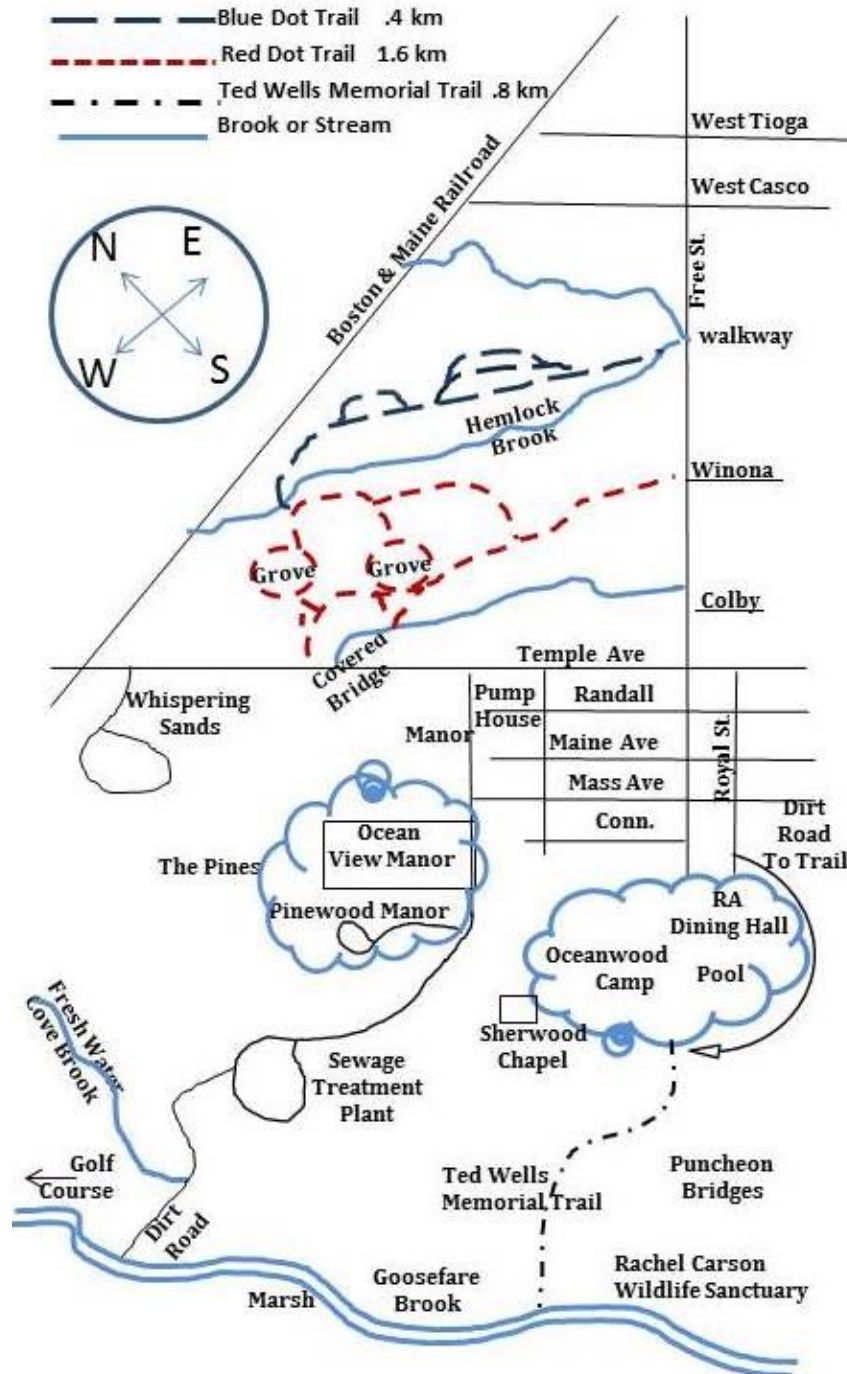
(formerly the White Dot Trail)

This is a woods to salt marsh trail and affords excellent bird observation and an opportunity to see plant succession. The trail traverses property belonging to Oceanwood and the Rachel Carson National Wildlife Refuge. It ends near the Goosefare Brook.

Take Royal Street to Camp Oceanwood. Follow the road around the dining hall and look for the swimming pool. The trail begins just to the rear left of the swimming pool. Sign in at the information kiosk and take a Trail Guide. Follow the white blazes. Saco Bay Trails has rebuilt the trail complete with over 300 feet of raised boardwalk, a viewing platform at the end, and a bench.

*In 1963 Ocean Park was designated as an official game preserve and game sanctuary. "No person shall at any time hunt, pursue, molest, trap, catch, shoot, kill or destroy any wild bird or wild animal" within the boundaries of Ocean Park. In keeping with this protection, pets should be leashed or clearly under an owner's control, and waste material should be removed.*

## Ocean Park Trails as of 2015 By John Bird and Bethany Nichols



Trails,  
Plants,  
and  
Birds



in Ocean Park,

Maine

